



Alpine Club – Meet Guidelines - attending a meet

Meet Guidelines

1. Many people attending a climbing meet, arrive with a climbing partner. If you are attending a meet on your own, particularly if you are an Aspirant Member, it is usually possible to join in with others. Please be realistic about your experience and the standard at which you climb!! Failure to do this may endanger yourself and those you are climbing with.
2. Experienced members may offer advice or suggestions but NO formal instruction or guiding is offered on meets, other than on specific training meets. The BMC states ‘... climbing, hillwalking and mountaineering are activities with a danger of personal injury or death...’ All participants must be aware of this and are responsible for their own safety.
3. All AC members are covered for 3rd party insurance through the BMC. All guests who take part in the activities of the meet should/must be covered for 3rd party insurance either by being members of another the BMC, Mountaineering Scotland or Mountaineering Ireland affiliated club, or an individual member of the BMC, Mountaineering Scotland or Mountaineering Ireland.
4. All members and AC member’s guests taking part in meet activities outside the UK, MUST also be covered for rescue/hospitalisation and should supply this information to the meet organiser. Insurance can be found through AAC, BMC or a specialist insurance for mountaineering.