

## "Soft" Ice near Chamonix

### Chamonix Eau Noir, Trient

Location	Name	Grade	Length	Approach	Star	No.
1 Servoz	Cascades Gauche et Faune	I.2-3	40,60m	1min		1a,b
2 Pont Pelissier	<a href="#">Cascade de Bocher</a>	I.3	270m	50min	*	3a
3 Les Houches	Cascade Sainte Marie	I.3+	120m	10min	*	5a
4 Les Houches	<a href="#">Cascade Bellevue</a>	I.3	95m	20min	***	6a
5 Tunnel MB	<a href="#">Cascade Favrands</a>	II.3	400m	3min	*	7a
6 Tunnel MB road	Cascade du Dard	II.2	150m	5min	**	7b
7 Arveryon	Le Lavancher	II.2	50m	25min		9b
8 Le Chapeau	La Solution	II 4	250m	60min	**	10b
9 Le Chapeau	Mur des Echappées	I 1-3	70m	60mins		10d-g
10 Le Chapeau	Cul de Sac	II 4	100m	60min	**	10m
11 Pas de Chevre	Coulee Douce	I.2	60m	65min		11c
12 Argentiere	<a href="#">La Cremerie</a>	I.2	70m	20min		14
13 Argentiere	<a href="#">Chantilly</a>	I3-4	65m	20min		14
14 Argentiere	<a href="#">Moby Dick</a>	I.2	90m	25min		14
15 Rive Gauche	<a href="#">Cascade de l'EMHM</a>	I 4	60m	45min	**	15a
16 Rive Gauche	<a href="#">La Goulotte</a>	I.3	80m	45min	*	15b
17 Rive Gauche	Mini Couloir (top pitch 3))	I.4	60m	30min		15i
18 Rive Gauche	<a href="#">Deferlante</a>	I 4	40m	30min	**	15j
19 Rive Droite	Ice Cream	II 4	120m	60min	**	16j
20 Rive Droite	Mini Dauphin	II 4	100m	60min	**	16m
21 La Tour	<a href="#">Ruisseux du Picheu</a>	II.2+	120m	25min	**	17a
22 Col des Montets	Initatique		20-60m			18c
23 Buet	<a href="#">Cascade de Berard</a>	1.2-4	20-25	10min		
24 Chatelard	<a href="#">Le Pesseux</a>	II.3	70m	30min	**	19a
25 Chatelard	Miss Olida	I.2	110m			19e
26 Chatelard	<a href="#">Tete Noire</a>	I.3	40m	5min		19h
27 Trient (sect Odeyl)	<a href="#">Alligator, Label Bleu</a>	I.3	80m	25min		21b
28 Trient	Grande Cascade	I.2		25min		21f
29 Trient	<a href="#">Relais Cables</a>	III.3	250m	75min	*	21g
30 Trient	<a href="#">Chauffe Marcel</a>	II 4	100m	75min	**	21h
31 Trient	<a href="#">Une Colonne de Glace etc</a>	II 4	100m	75min	**	21i
32 Trient	Cascade du Bar	II 4	100m	75min	**	21j
33 Trient	A Boire	II 4	100m	75min	**	21k
34 Trient	<a href="#">L'Entonnoir</a>	II 4	180m	90min	**	21m
35 Trient	<a href="#">La Brosse a Dents</a>	II 4	180m	90min	**	21n
36 Trient	Le Pyschiatre	II 4	200m	90min	**	21o
37 Trient	Prozac	II 4	200m	90min	**	21p
38 Trient	<a href="#">Cascade du Village</a>	I.3	100m	15min		

#### Guidebooks: to which the Route No refers:

Green: Cascades Autour du Mont Blanc Tome1 Damilano, Perroux Ed. Ice Connection 1999  
 Blue: Cascades Autour du Mont Blanc Tome2 Damilano, Perroux Ed. Ice Connection 1999

**Valdigne, Cogne**

<b>Location</b>	<b>Name</b>	<b>Grade</b>	<b>Length</b>	<b>Approach</b>	<b>Star</b>	<b>No.</b>
39 Planpincieux	Right, Middle, Left, Far Left	I.1-3	40-60m	20min	*	1a-c
40 Val Veny	Illusione Tropicale	II 4	200m	20min	**	3a
41 Val Veny	Black and White	II.3	200m	40min	*	3b
42 Val Veny	Esse	II 4	100m	40min	*	3c
43 Val Veny	On the Rox	II.3	100m	40min	*	3d
44 Val Veny	Cascade Couloir	II.2+	200m	40min	*	3f
45 Val Veny	Guerison de Droite	I.3	100m	60min	**	3f
46 Valdigne	<a href="#">Lentenev</a>	II.3	120m	3min	***	p309
47 Val di Rhemes	Entrelor	II.2+	110m	15min	***	p307
48 Valsavernche	<a href="#">Rovenaud</a>	II.3-4	150m	15min	***	p300
49 Valsavernche	Placche di Rovenaud	II 4	80m	35min	**	p300
50 Va Cherie	Vache Folle	II 4	150m	15min	*	7e
51 Va Cherie	Viaduc	II 4	150m	15min	*	7f
Cogne Valnontey	<a href="#">Map</a>					
52 Valnontey Droite	<a href="#">Patri a Gauche</a>	II 4	250m	80min	**	9a
53 Valnontey Droite	<a href="#">L'Acheronte</a>	II.3	400m	90min	***	9g
54 Valnontey Droite	<a href="#">Monday Money</a>	II 4	180m	90min	***	9j
55 Valnontey Droite	<a href="#">Flash Estivo</a>	II.3	180m	120min	***	9k
56 Valnontey Droite	<a href="#">Fuimana di Money</a>	II. 3	180m	120min	**	9m
57 Valnontey Gauche	<a href="#">Lauson</a>	II.3	70m	30min	*	10a
58 Valnontey Gauche	<a href="#">Ingnegneria</a>	II 4	100m	45mins		10b
59 Valnontey Gauche	<a href="#">Thoule</a>	II.3+	100m	45min	***	10c
60 Valnontey Gauche	Thoulette	II 4	120m	45min	*	10d
61 Valnontey Gauche	Crollo di un Mito	II.3	100m	50min	*	10e
62 Valnontey Gauche	<a href="#">Valmiana</a>	II.3	110m	50min	*	10f
63 Valnontey Gauche	<a href="#">Il Sentiero dei Troll</a>	II.3	350m	60min	***	10g
64 Valnontey Gauche	L'Amour Retrouve	II 4	250m	60min	*	10h
65 Valnontey Gauche	<a href="#">Gran Val</a>	II.3 4b	130m	75min	**	10j
66 Valnontey Gauche	Volgie Effimere	II 4	120m	105min	**	10r
Cogne Valeille	<a href="#">Maps</a>					
67 Valeille Droite	<a href="#">Cascade de Lillaz</a>	II.3	250m	15min	***	11a
68 Valeille Droite	Chandelle de Lillaz	I 4	10m	15min	*	11b
69 Valeille Droite	<a href="#">Gulliver</a>	I.3	10m	20min		11c
70 Valeille Droite	<a href="#">Lillaz Gully</a>	II 4	200m	75min	***	11i
71 Valeille Droite	<a href="#">Eau de Cristaux</a>	II 4	80m	60min	*	11m
72 Valeille Droite	<a href="#">E Tutto Relativo</a>	II 4	200m	45min	***	11o
73 Valeille Droite	<a href="#">Pattinagio Artistico</a>	II.3	180m	45min	*	11r
74 Valeille Gauche	<a href="#">Fenillaz</a>	I.2	200m	50min	**	12d
75 Valeille Gauche	<a href="#">Vertigine Pocellana</a>	II.3	80m	60min	***	12g
76 Valeille Gauche	<a href="#">Henninger</a>	II 4	60m	80min	***	12h
77 Valeille Gauche	<a href="#">Grand Val</a>	II.3+	80m	80min	***	12j
78 Valeille Gauche	Cascade Isabella	II.3	100m	80min	*	12l
79 Valeille Gauche	<a href="#">Pareti Constatanti</a>	II.3+	150m	60min		12n
80 Valeille Gauche	La Riposta	II 4	100m	75min	**	12o
81 Valeille Gauche	Athina	I 4	40m	85min	*	12s
82 Valeille Gauche	Equilibri Solari	III 4	120m	120min	**	12t
83 Valeille Gauche	Baltica	II 4	80m	135min	**	12y
84 Valeille Gauche	Il Budello di Mambo	III 4	120m	150min	***	12z
85 Valeille Gauche	Ala di Gelo	III 4	90m	150min	**	12zb

**Montfiore, Arly, Bornes Aravis**

Location	Name	Grade	Length	Approach	Star	Page
86 ND de La Gorge	<a href="#">Rochers de l'UCPA</a>	I.3	60m	15min		39
87 ND de La Gorge	<a href="#">Panneau de l'Initiation</a>	I.3-4	20m	1min		
88 ND de La Gorge	<a href="#">Ruisseling Rochassets</a>	I.3	150m	15min		40
89 ND de La Gorge	<a href="#">Sainte Chapelle</a>	I.3-I.4+	30-60m	10min		42
90 La Frasse	<a href="#">Armancette 2nd Left</a>	II.3+	100m	110min		
91 La Frasse	<a href="#">Armancette Ligne Principale</a>	II 4	140m	110min		36
92 La Frasse	Armacette du Mileu	II 3+	100m	110min		36
93 La Frasse	<a href="#">Armancette du droite</a>	II 4	100m	110min		37
94 Chovettaz	<a href="#">Cascade du Pscheu lefthand</a>	II 4	200m	10min		50
95 Megeve, La Planay	Cascade de Pissieux	I.3	40m	40min		58
96 Megeve, Le Grenard	Cascade d'Initiation	I 2-3	70m	20min		65
97 Praz sur Arly	Cascade de Varoche	I.3+	100m	10min		72
98 Nant de la Coufia	<a href="#">Mur du Fond right hand</a>	I 3+,-4	45m	10min		82
99 Nant de la Coufia	Cascade du Tronc	I 3+	40m	20min		84
100 La Giettaz	Elodie	I 3+	100m	15min?		84
101 La Giettaz	<a href="#">Charl'haine</a>	I 3+	100m	15min?		84
102 Montrement	<a href="#">Cascade Principale</a>	I.2-I.4	50m	15min		15
103 Montrement	Ruisseling de Nantets	I.2	250m	10min		16
104 Montrement	<a href="#">Goulotte a Droite</a>	I. 3+	70m	15mins		
105 Reposoir	<a href="#">Cascade a Gauche</a>	II.4	100m	50min		106
106 Reposoir	<a href="#">Rampe Florence</a>	II.3	40m	50min		108
107 Reposoir	<a href="#">Cascade a Droite</a>	II.4	70m	50mins		108

**Sixt, Chablais**

Location	Name	Grade	Length	Approach	Star	Page
108 Sixt Fer en Cheval	<a href="#">Torrent de Vivier</a>	I.3	250m	5min		68
109 Sixt Fer en Cheval	<a href="#">Nant du Saugy</a>	I 4	150m	15mins		69
110 Sixt Fer en Cheval	Cascade du Salvadon	I 3	200m	5mins		72
111 Sixt Fer en Cheval	Cascades du Chéré Righthand	I.3+-I.4+	50-80m	5min		73
112 Vallon des Sales	<a href="#">Grande Cascade</a>	II 4	100m	90mins	!	96
113 Vallon des Sales	<a href="#">Bonhomme de Glace</a>	II 3	90m	90mins	!	96
114 Les Gets	Canyon de Boutigny, (Provence)	II 3, (4+)	100m	15mins		171
115 Morzine	<a href="#">Canyon de Nyon</a>	I 3	100m	5mins		176
116 Ardent	-	I 4	60m	10mins		185
117 Lac de Montriond	<a href="#">Gorge de Albertans</a>	I 3	120m	30mins		189
118 Lac de Montriond	<a href="#">Nant de la Lapiaz</a>	I 3-4+	40-260	20mins		196
119 Abondance	<a href="#">Cascades de Pretaire</a>	II.3-5+	35-60m	20min		208
120 Abondance	<a href="#">Cascades de Taveneuse</a>	I.2-4	20m	40min?		209
121 Abondance	<a href="#">Cascade d'Abondance</a>	1.3-I.3+	30m	20min		210
122 Abondance	Chocolat Chaud	II 4	60m	20min		211
123 Chap. D'Abondance	<a href="#">Cascade de Sur Bayard</a>	I 4	60m	20mins		212
124 Chap. D'Abondance	<a href="#">Cascade de L'Essert</a>	I 4-5+	150m	30mins		216
125 Vallée d'Abondance	<a href="#">Canyon d'Ubine</a>	I 3	300m	60mins		
126 Bellevaux	<a href="#">Canyon du Frene</a>	I 3-4	120m	5mins		230

**Guidebooks: to which the Route No./page refers:**

Green: Cascades Autour du Mont Blanc Tome1 Damilano, Perroux Ed. Ice Connection 1999

Blue: Cascades Autour du Mont Blanc Tome2 Damilano, Perroux Ed. Ice Connection 1999

Red: Cascades et Dry Tooling Tome 1 Batoux, Seifert JMEditions 2007

Purple: Cascades et Dry Tooling Tome 2 Batoux,Damilano, Seifert JMEditions 2007

Pale Blue: Alpine Ice, 600 Best Ice falls Sertori 2009

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